



Editorial

Welcome message from the Editor-in-chief

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We welcome authors, reviewers, and the general readership of the HSI Journal to Volume 4 Issue 1. The journal continues to publish interesting must-read articles that have contents tailored towards improvement in several fields within the health sciences. This will provide the needed ingredients for evidence-based practice. We strive towards improving the quality of the journal as we come out with one issue after the other. In this issue of the

HSI Journal, we have featured ten articles comprising eight original research articles and two medical case reports. These peer-reviewed articles cover a myriad of topical issues in the health sciences with a wide spread over several cross-cutting topics. With each passing day, we continue to receive manuscripts from around the world which brings variety to our publications and we are very grateful to all authors for their contribution. The HSI Journal continues to make giant strides. We are indexed on African Journal Online (AJOL) and have received approval to initiate indexing publications on Elsevier's research databases, including Scopus and Embase. The entire editorial team is elated that this issue of the HSI Journal has been published. We look forward to the next issue which promises to be a notch higher in terms of quality as we continue to strive towards perfection and to improve upon the impact of our journals. To our cherished readers, we look forward to receiving more quality manuscripts from you. We would be grateful if you could help us promote HSI Journal to other scientists and health professionals. We believe that HSI Journal is a valuable resource for the health sciences community, and we would be honoured if you would consider it as a preferred place for publishing and reading scientific works.

Thank you

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About the Editor-in-chief

Professor Andrew Anthony Adjei is a Professor of Immunology with over thirty years of biomedical and allied health sciences training and research experience. He is a Fellow of the following: Ghana Academy of Arts and Sciences (FGA), African Academy of Sciences (AAS), Ghana Association of Medical Laboratory Scientists (GAMLS) and African Sciences Institute (ASI). Professor Adjei has been Head of Department, University of Ghana (UG) School of Biomedical and Allied Health Sciences, Deputy Provost, College of Health Sciences (CHS), Director of Research, Innovation and Development (UG), Acting Director, Institutional Research and Planning Office (UG), Coordinator of Research, University of Ghana Medical School (UGMS), Editor-in-Chief, Ghana Journal of Allied Health Sciences, President of Ghana Association of Medical Laboratory Scientists, Project Coordinator, Transdisciplinary Training for Resource Efficiency and Climate Change Adaptation in Africa, Project Coordinator, Building Stronger Universities (Partnership between UG and Universities in Denmark), Project Coordinator, Fogarty Global Health Fellows Training Programme (Partnership between UGMS and University of Morehouse School of Medicine, Atlanta, Georgia, USA), and Project Coordinator, Minority in Health Research Training (Partnership between UGMS and University of Morehouse School of Medicine). Professor Adjei was the immediate past Coordinator of the Worldwide Universities Network and the Australia-Africa Universities Network. Currently, he is the Chairman of the following: Ethics and Protocol Review Committee, CHS Public Lecture Series and Scientific Conference Planning Committee, CHS Newsletter (In Focus), CHS Library Refurbishment Committee, Member of Korle Bu Teaching Hospital Institutional Review Board and the Coordinator, MPhil Programme in Immunology, at the Department of Pathology, UGMS. Professor Adjei is a reviewer of several clinical and biomedical Journals globally. He has served on various UGMS and UG committees and currently serves on both the UG and CHS Academic Boards.