



Editorial

Welcome message from the Editor-in-chief

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We gladly welcome readers to Volume 6, Issue 1 of the Health Sciences Investigations (HSI) Journal. Launched in 2020, the HSI Journal has rapidly gained international recognition, attracting global submissions across diverse scientific fields. Notably, our recent Special Edition (Volume 5 Issue 2, 2024) explored the health implications of “galamsey” — a term referring to illegal small-scale gold mining in Ghana. This critically acclaimed issue is a must-read. The HSI Journal is

indexed in Elsevier and affiliated journal repositories, including SCOPUS®, and is listed in the African Journals OnLine (AJOL) citation database. The HSI Journal is also pursuing inclusion in other major repositories. Consider the HSI Journal for your next publication. Volume 6 Issue 1 features ten Original Research Articles on diverse topics, each providing valuable insights. The articles cover a range of subjects, including the presence of SARS-CoV-2 in wastewater from hand wash stations, substance use among high school-going adolescents in Ghana, and a rare but significant cause of chest pain in young adult females.

Additionally, the issue investigates contraceptive practices among postpartum women and compares the prevalence of skin disorders among renal and non-renal disease patients. Other studies explore potential sources of novel antimicrobial-producing streptomycetes in Ghana and examine the protective effects of natural cocoa powder against liver damage in malaria infection compared to artemether-lumefantrine. Collectively, these articles offer engaging and informative content for readers. This issue features a top-notch review article analyzing policy strategies in four African nations (Rwanda, Tanzania, South Africa, and Ghana) for achieving Universal Health Coverage. We are also pleased to present two thought-provoking medical case reports. Delve into these articles and share your feedback afterwards – it helps us improve. As Editor-in-Chief, I encourage authors and readers to share their feedback, suggestions, and concerns to help us maintain the HSI Journal’s high standards of excellence.

The HSI Journal sincerely thanks the Editorial Board members and reviewers for their invaluable contributions and suggestions in making this special publication possible. We also acknowledge the immense support and guidance the Technical Team, Advisory Board, all authors, and publishers provide.

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Thank you

About the Editor-in-chief

Professor Andrew Anthony Adjei is a Professor of Immunology with over thirty years of biomedical and allied health sciences training and research experience. He is a Fellow of the following: Ghana Academy of Arts and Sciences (FGA), African Academy of Sciences (AAS), Ghana Association of Medical Laboratory Scientists (GAMLS) and African Sciences Institute (ASI). Professor Adjei has been Head of Department, University of Ghana (UG) School of Biomedical and Allied Health Sciences, Deputy Provost, College of Health Sciences (CHS), Director of Research, Innovation and Development (UG), Acting Director, Institutional Research and Planning Office (UG), Coordinator of Research, University of Ghana Medical School (UGMS), Editor-in-Chief, Ghana Journal of Allied Health Sciences, President of Ghana Association of Medical Laboratory Scientists, Project Coordinator, Transdisciplinary Training for Resource Efficiency and Climate Change Adaptation in Africa, Project Coordinator, Building Stronger Universities (Partnership between UG and Universities in Denmark), Project Coordinator, Fogarty Global Health Fellows Training Programme (Partnership between UGMS and University of Morehouse School of Medicine, Atlanta, Georgia, USA), and Project Coordinator, Minority in Health Research Training (Partnership between UGMS and University of Morehouse School of Medicine). Professor Adjei was the immediate past Coordinator of the Worldwide Universities Network and the Australia-Africa Universities Network. Currently, he is the Chairman of the following: Ethics and Protocol Review Committee, CHS Public Lecture Series and Scientific Conference Planning Committee, CHS Newsletter (In Focus), CHS Library Refurbishment Committee, Member of Korle Bu Teaching Hospital Institutional Review Board and the Coordinator, MPhil Programme in Immunology, at the Department of Pathology, UGMS. Professor Adjei is a reviewer of several clinical and biomedical Journals globally. He has served on various UGMS and UG committees and currently serves on both the UG and CHS Academic Boards.