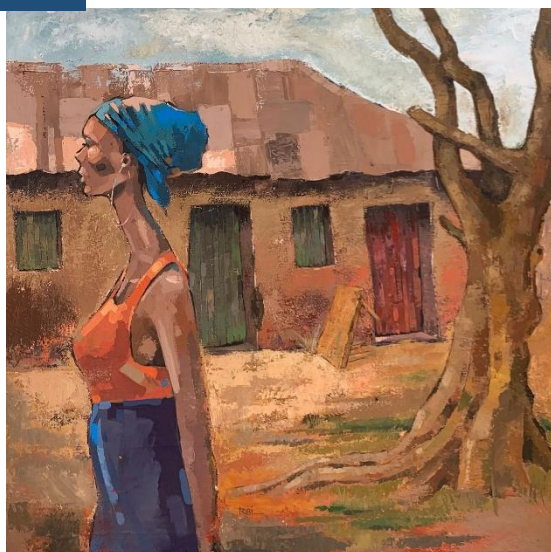




About the cover

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Tabi Crentsil (2025) Odikro's wife

Art

Artist's Perspective

The painting, *Odikro's Wife*, draws inspiration from Ghanaian tradition, where the *Odikro*, a title bestowed upon a chief in the Ashanti region, serves as the custodian of law and order. The *Odikro* is often perceived as the ultimate authority, embodying the essence of leadership and ownership within the village.

In the foreground stands a striking figure—the *Odikro's* wife. She exudes an aura of elegance and commanding authority, matching the stature of her husband. Her poised and imposing presence speaks volumes, suggesting that her influence and power are undeniable, even in a role traditionally overshadowed by the male figure.

The setting of the painting is stark, almost lifeless, evoking a profound sense of solitude. This atmosphere reflects a deeper truth: as one rises in status and authority, a sense of isolation often follows. Success can create an emotional distance, as others struggle to reconcile themselves with one's achievements, leaving the individual to navigate an increasingly lonely path.

The predominant use of earthy brown tones symbolizes fertile ground—endless opportunities for growth and flourishing. Despite the loneliness that may come with elevated status, the painting hints at the resilience and potential for renewal that lies within, waiting to be cultivated and nurtured.

This work masterfully captures themes of power, isolation, and the quiet strength required to thrive in the face of life's complexities



Editors View

Odikro's Wife is a compelling artistic meditation on leadership, resilience, and the often-unseen burdens of authority. Rooted in Ghanaian tradition, the painting elevates the *Odikro's* wife from a supporting role to a central, commanding presence, graceful, stoic, and undeniably influential. Her composed stillness evokes the quiet strength that upholds institutions, families, and communities.

The subdued backdrop and earthy tones convey both the solitude and the fertile ground that leadership often brings. Like scientific inquiry or institutional growth, leadership requires vision, patience, and the courage to persist through uncertainty. *Odikro's* wife becomes a powerful metaphor for those who shoulder great responsibility, often uncelebrated, yet foundational.

As the College of Health Sciences marks 25 years of advancing health education and research, *Odikro's* wife reflects the College's own journey: a legacy of steady impact built through dedication, service, and leadership.

For this journal, the painting resonates deeply. Editors, reviewers, and contributors labor behind the scenes to safeguard the integrity of science, ensuring accuracy, transparency, and truth. In this quiet but essential role, we too are custodians of trust. *Odikro's* wife calls us to honour those who lead with discipline and vision, in science, in art, and in life.